# Dr. Brooks Track & Field Skills Clinic February 18, 2017 1PM-5PM

For: Track and Field Athletes and Coaches

#### **Clinic Features:**

- Athlete instruction for hurdles, jumps, throws—Athletes will *learn by doing* as they practice under the guidance of expert coaches
- Coaching tips for hurdles, jumps, throws Coaches will *learn by watching and interacting* with expert coaches as they instruct athletes

Registration Fee: \$25.00/Athlete \$50.00/Coach

## **Clinicians:**

#### Nat Carter (High Jump)

Finalist, Brooks Inspiring Coach of the Year; Founder, Sandhills Track and Field Club; Athletes are NCHSAA, AAU, and USATF champions.

#### Donald Davis, Sr. (Hurdles)

NCHSAA Hall of Fame Coach; NFHS North Carolina Coach of the Year, NFHS Regional Coach of the Year; U.S. Olympic Committee Developmental Coach of the Year; Coach of >65 NCHSAA State Champion hurdlers; Athletes are NCHSAA, AAU, and USATF, World Youth and World Junior champions.

#### Shelton Harrison (Throws)

World Youth and World Junior Championships Coach; Athletes are Nike Indoor and Nike Outdoor champions, NCHSAA State champions, CIAA champions, and USATF Junior champions.

#### **DeAnne Davis Brooks (Long Jump/Triple Jump)**

Award-winning professor of Kinesiology; Member of NCHSAA 100 Female Athletes to Remember; Athletes are NCHSAA, NCISAA, and USATF champions.

**Pre-registration:** All participants must pre-register by Wednesday, February 15 at 11:59PM

### Pre-register online at: https://goo.gl/forms/0VCcDc55F95WaXJg2

Pay on-site (cash/checks/money orders only; no personal checks; no debit/credit cards)

Contact: DrBrooksTrackClinic@gmail.com

